



## School Food Policy

Healthy Food is essential for good health throughout life. It is especially important for young children to appreciate a wide variety of healthy and nutritious foods.

We would like to ask parents to provide their children with the healthiest food possible.

- No popcorn, chips, chewing gum, candies and chocolate bars are allowed in school.
- Nuts or food with nuts are not allowed as some children may have allergy to nuts.
- Parents should inform the school administration two days in advance if they would like to celebrate their child's birthday in school. The food or cake should be nut free. The details of the food should be provided to the administration. **Siblings studying in other classes are not allowed to participate in such celebrations.**